



Digital
Transformation
CoLab

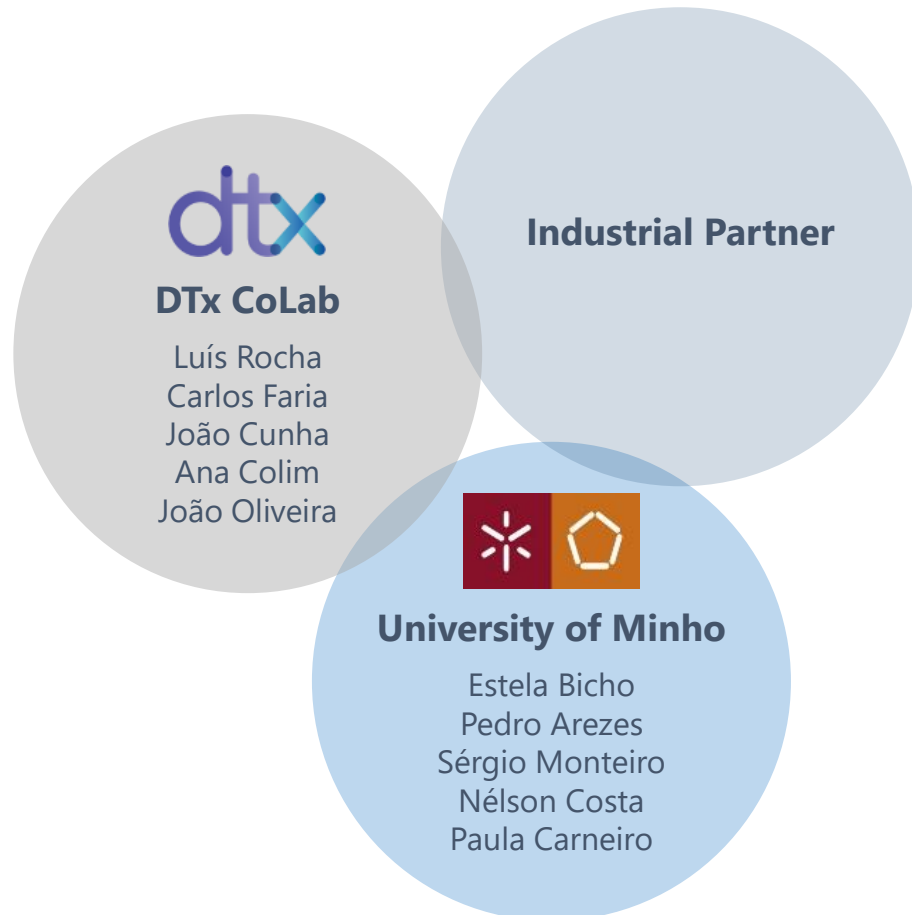
Development of industrial robotic solutions according to a Human-centric approach

Robotics and Ergonomics: The DTx approach



Project Team and Charter

Symbiotic Human-Robot Collaboration in Joint Manufacturing Tasks



Traditional Industrial Robots



- Worker and robot are separated through guards
- Repeatable tasks of high cadence
- Profitable only with medium to large lot size

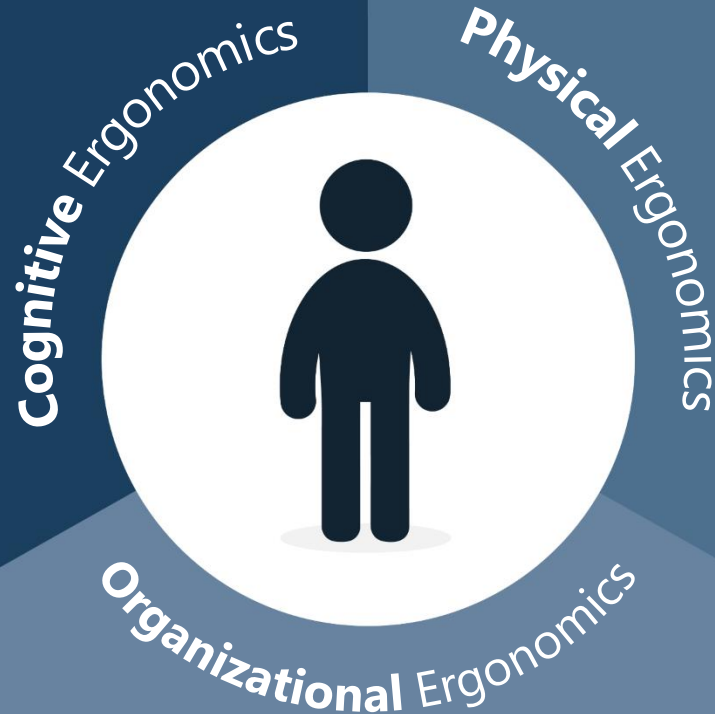
Collaborative Robots



- Safe interaction in workspace shared with workers
- Flexible and easily adaptable solution
- Profitable even at a single lot production

Ergonomics & Human Factors (E&HF)

- Perception
- Mental workload
- Decision-making
- Work stress



- Working postures
- Materials handling
- Repetitive movements
- Workplace layout
- Work-related Musculoskeletal disorders (WMSD)

- Work design
- Participatory design

Potential of E&HF and Collaborative Robotics

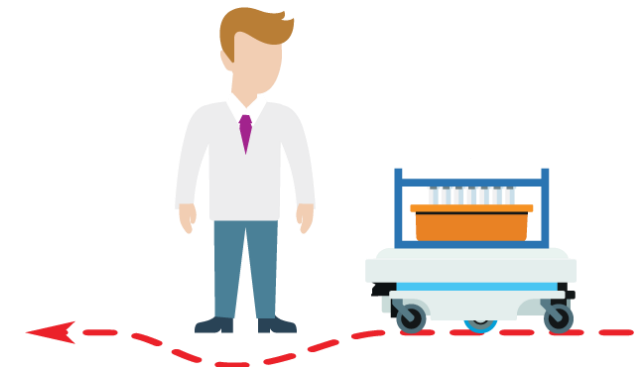
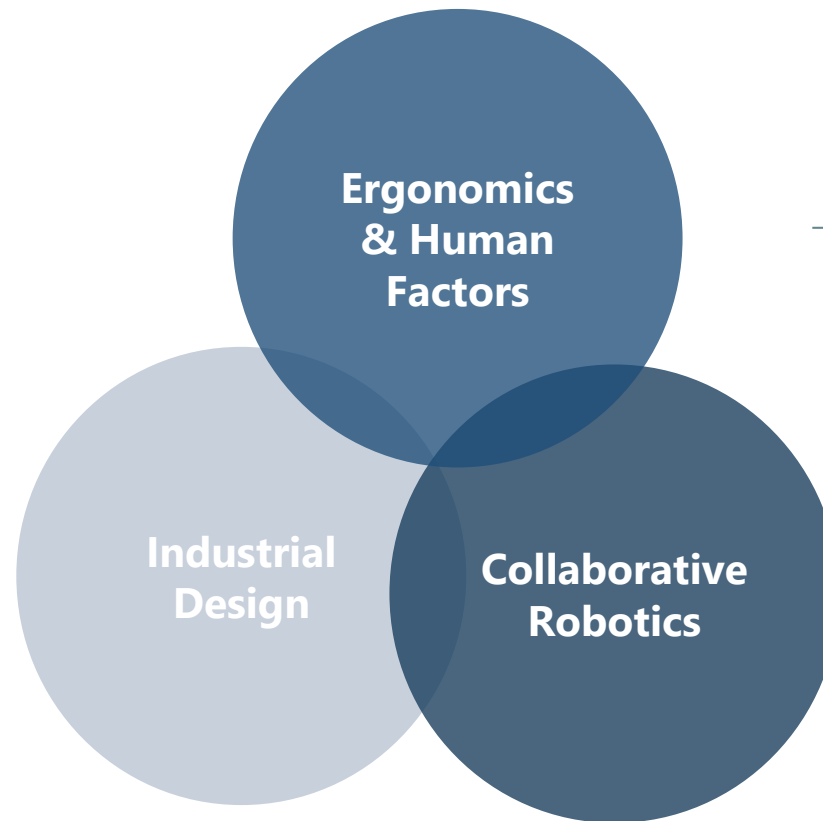
Work-related musculoskeletal disorders (WMSD) in EU ^[1]

- ≥ 40 million workers affected;
- ~50% of all absences >3 days;
- Total costs €240 billion / year

Human-Robot Collaboration (HRC) to

1. reduce workload;
2. increase productivity;
3. decrease WMSD risk ^[2, 3].

Sustainable, flexible and Human-centered Design.



[1] Bevan, S.: Economic impact of musculoskeletal disorders (MSDs) on work in Europe, Best Pract. Res. Clin. Rheumatol. 29(3), 356–373 (2015).
[2] Cherubini, A., Passama, R., Crosnier, A., Lasnier, A., Fraisse, P.: Collaborative manufacturing with physical human-robot interaction, Robot. Comput. Integr. Manuf. 40 (2016).
[3] El Zaatari, S., Marei, M., Li, W., Usman, Z.: Cobot programming for collaborative industrial tasks: An overview. Rob. Auton. Syst. 116(April), 162–180 (2019).

Potential of CR & HF



+80M € Funded in H2020 projects involving CR & Ergo

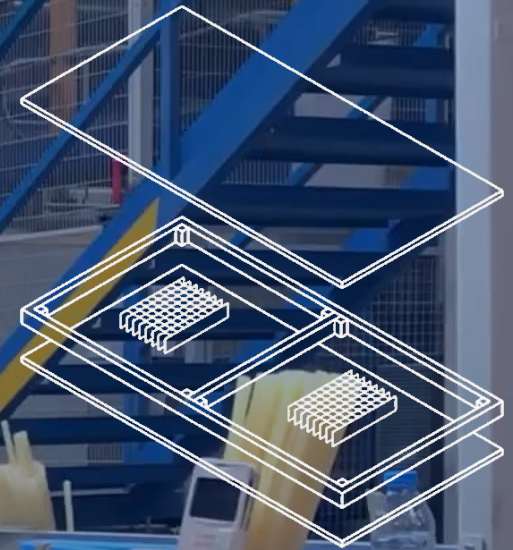
- Shift of focus from **technology-driven** progress to a thoroughly **human-centric** approach
- Technology **maximizes the benefits** for both the **company** and the **worker**



Collaborative Robotics

Phase I

Phase I – Initial Problem



Worst Scoring Tasks

1. Apply glue to the blocks;
2. Fix blocks to the stripes;
3. Transfer stripes to the pallet.

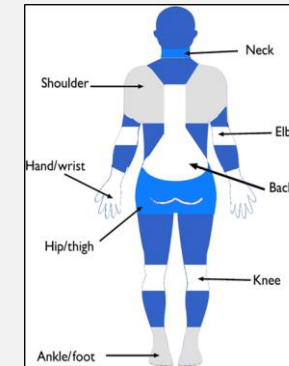
Complaints

1. Musculoskeletal problems;
2. Hot glue burns;
3. Inadequate workstation height.



1 Problem Characterization

- Ergonomic Assessment
 - Rapid Upper Limb Assessment (RULA) [1]
 - Revised Strain Index (RSI) and Composite Index (COSI) [2]
 - Key Indicator Method for assessing physical workload during Manual Handling Operations (KIM-MHO) [3].
- Workers' musculoskeletal symptomology and physical exertion (Mesquita et al., 2010; Borg, 1990).
- Time-motion study.
- Kinematics analysis (Xsens®).



ERGONOMICS PLUS RULA Employee Assessment Worksheet

A. Arm and Wrist Analysis

Step 1: Locate Upper Arm Position:

Step 1a: Adjust...
If shoulder is raised: +1
If upper arm is abducted: +1
If arm is supported or person is leaning: -1

Step 2: Locate Lower Arm Position:

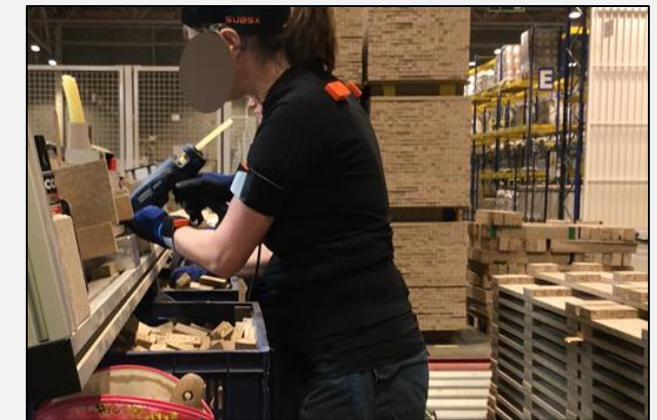
Step 2a: Adjust...
If either arm is working across midline or out to side of body: Add +1

Step 3: Locate Wrist Position:

Step 3a: Adjust...

Scores

Table A		Wrist Score			
Upper Arm	Lower Arm	Wrist Twist	Wrist Twist	Wrist Twist	Wrist Twist
1	1	1	2	2	3
1	2	2	2	2	3
1	3	3	3	3	4
1	4	4	4	4	5
2	1	2	3	3	4
2	2	3	3	3	4
2	3	4	4	4	5
2	4	5	5	5	6
3	1	3	4	4	5
3	2	4	4	4	5
3	3	5	5	5	6
3	4	6	6	6	7
4	1	4	5	5	6
4	2	5	5	5	6
4	3	6	6	6	7
4	4	7	7	7	8
5	1	5	6	6	7
5	2	6	6	6	7
5	3	7	7	7	8
5	4	8	8	8	9
6	1	6	7	7	8
6	2	7	7	7	8
6	3	8	8	8	9
6	4	9	9	9	9



[1] McAtamney, Lynn, and Nigel Corlett.: RULA: A Survey Method for the Investigation of Work-Related Upper Limb Disorders.. Applied Ergonomics 24 (2): 91–99 (1993).

[2] Garg, Arun, J. Steven Moore, and Jay M. Kapellusch: The Revised Strain Index: An Improved Upper Extremity Exposure Assessment Model. Ergonomics 60(7): 912–22 (2017).

[3] Klusmann, Andre et al.: Risk Assessment of Manual Handling Operations at Work with the Key Indicator Method (KIM-MHO) - Determination of Criterion Validity Regarding the Prevalence of Musculoskeletal Symptoms and Clinical Conditions within a Cross-Sectional Study. BMC Musculoskeletal Disorders 18(1): 1–13 (2017).

[4] Mesquita, C., Ribeiro, J., Moreira, P.: Portuguese version of the standardized Nordic musculoskeletal questionnaire: Cross cultural and reliability. Journal of Public Health 18(5), 461–466 (2010).

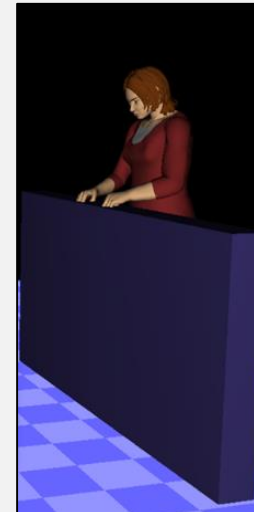
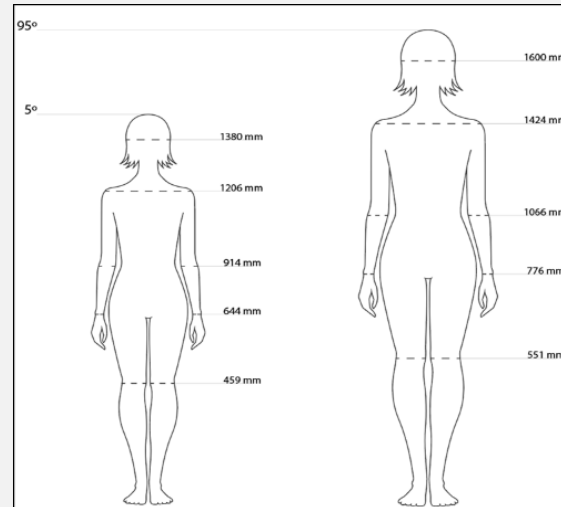


2 Requirements

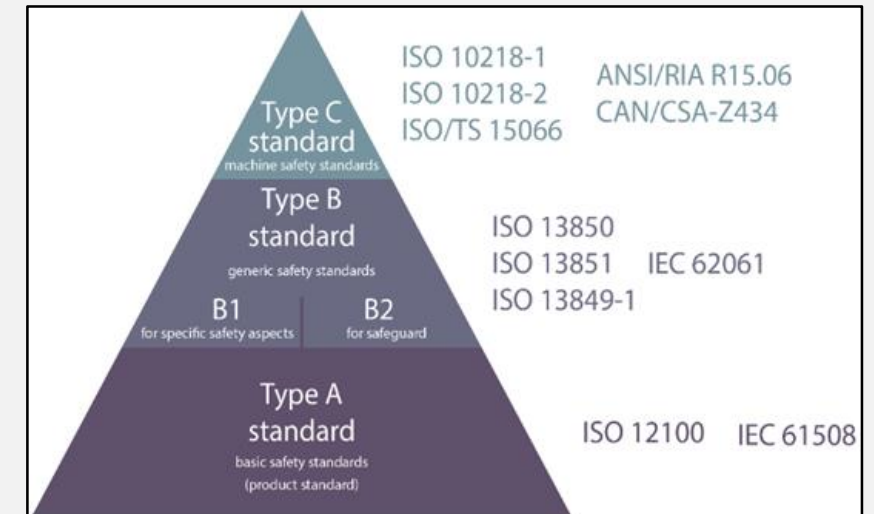
Productivity and Task allocation
(most critical).



Anthropometric data and Human simulation (Jack software – Siemens®).



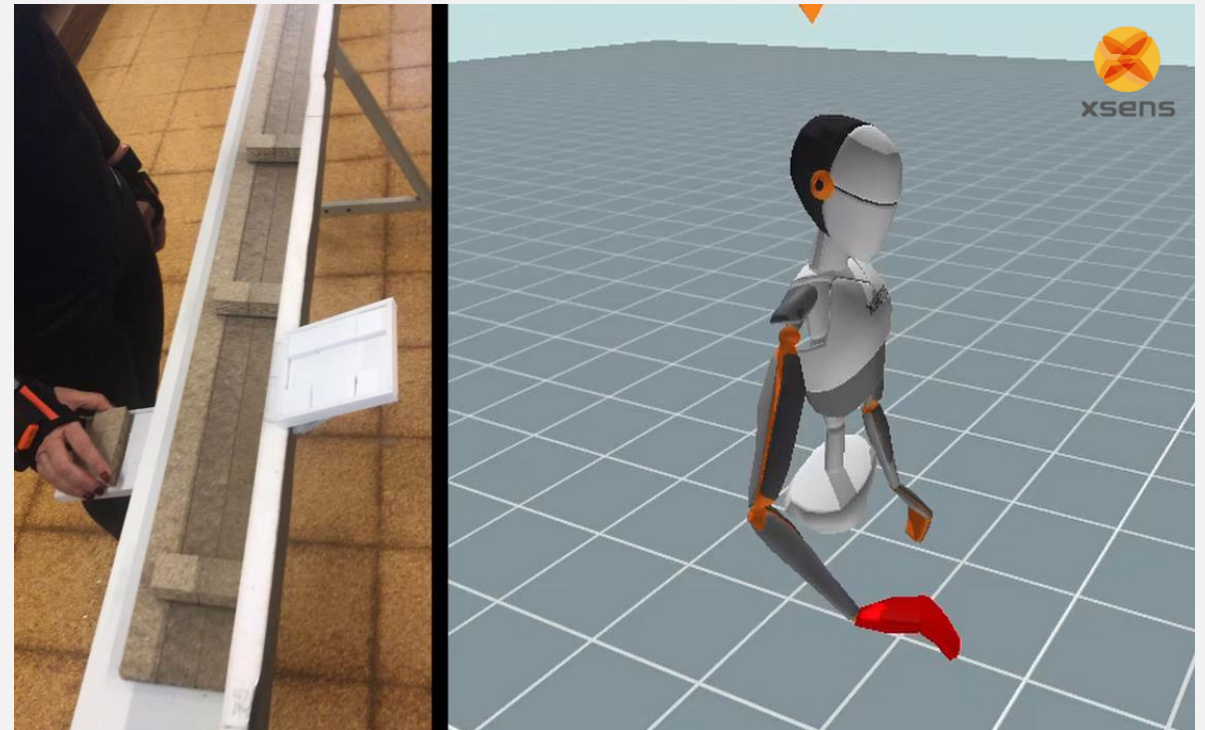
Safety requirements – International Standards.





3 Concept & Prototype


- Tasks simulation with IKEA workers.
- XSens® technology – kinematics analysis.
- Final design and definition of system functions.

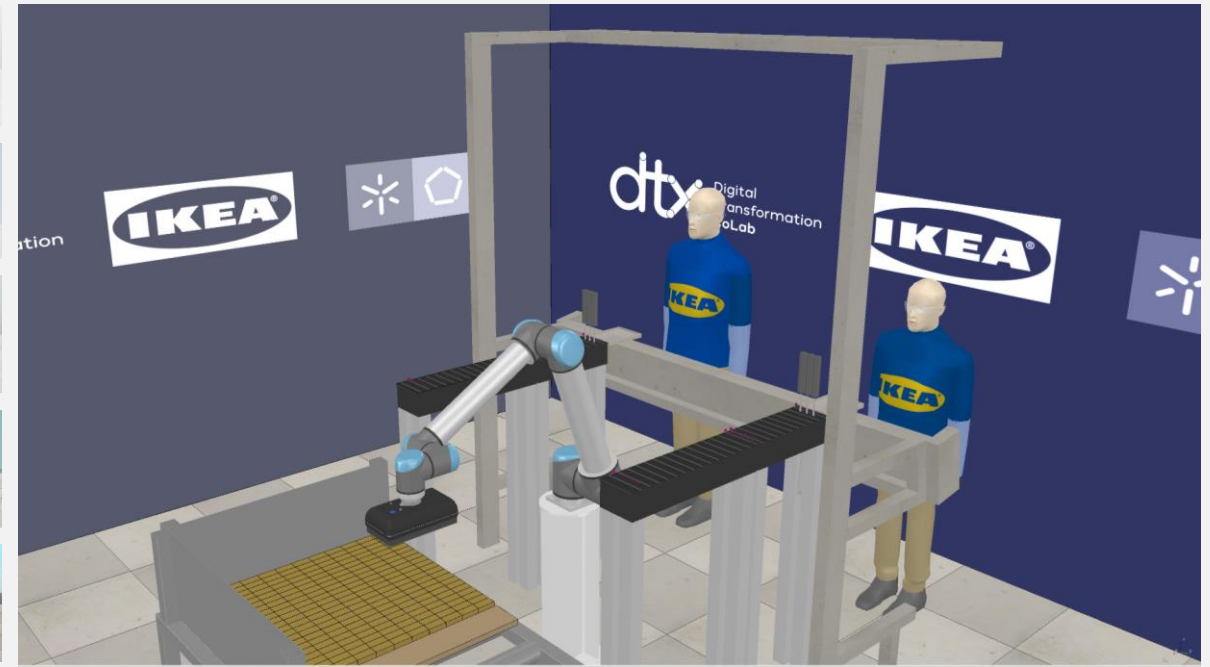
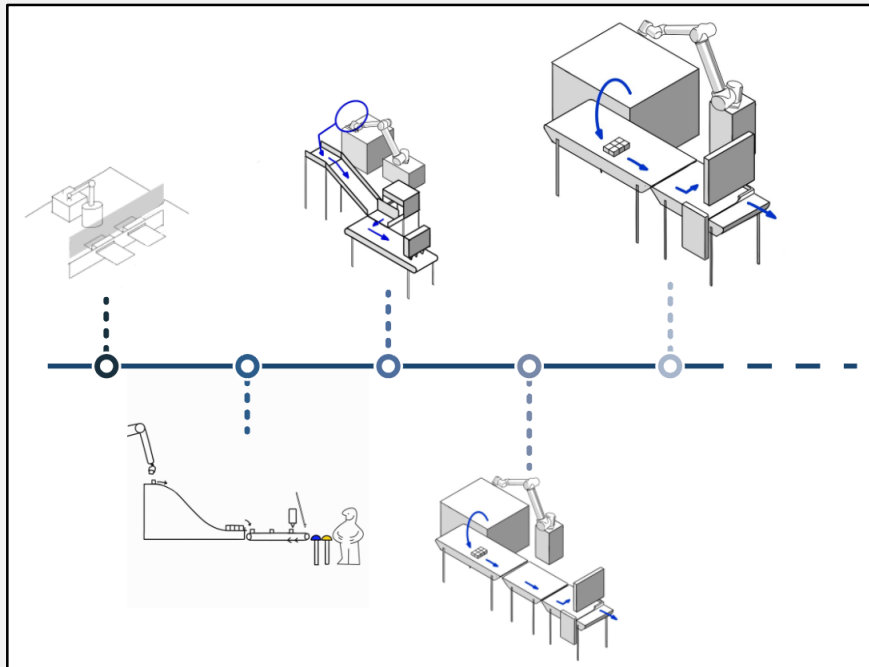




- Iterative prototyping to balance requirements and system feasibility
- Task-allocation and flexible product manufacturing

3 Concept & Prototype

- Fast conceptualization and testing
- Realistic simulation with  **CoppeliaSim** .
from the creators of V-REP





4. Technologies

1. Robotic System



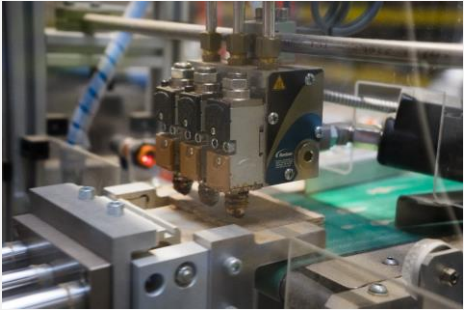
Unigripper Co/Light
Vacuum end-effector
No sharp edges

UR 10 e-series
6 DoFs
10 kg payload
1300 mm reach
15 safety functions

2. Automation



Infeed Pallet Indexer



Automatic Glue Dispenser

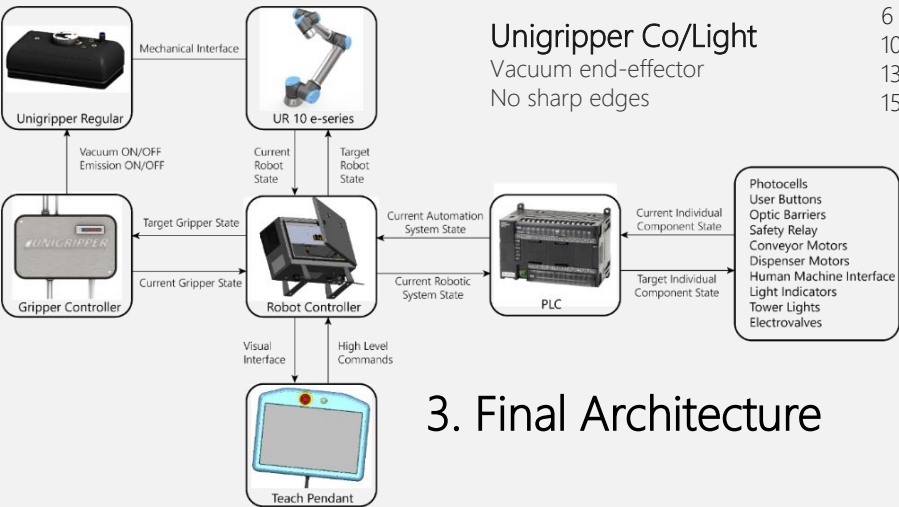


Multi-Conveyor System



Block Dispenser

3. Final Architecture





5 Solution

- 1st COBOT workstation at IKEA Industry
- Certified, turnkey, and replicable
- Workers' Co-design and Training



Ergonomic and Key Performance Indicators Assessment



Safety Assessment and Certification



Manual Preassembly Collaborative

Neglects the workers' **clinical history** and **variability**
Repetitive and **WMSD prone** work

Frequent occurrence of **glue burns**
Strenuous tasks for the hand-wrist system

Cycle time of **46.2 seconds**
Glue consumption of **792 cm³** per pallet

Risk scores of ergonomic assessments Weighted **RULA 3.8**
COSI 41.7

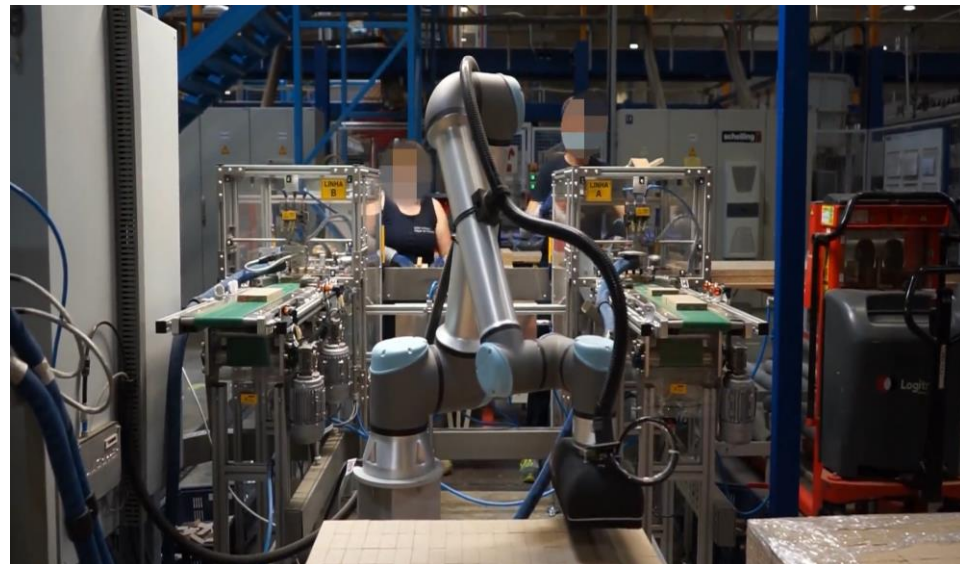


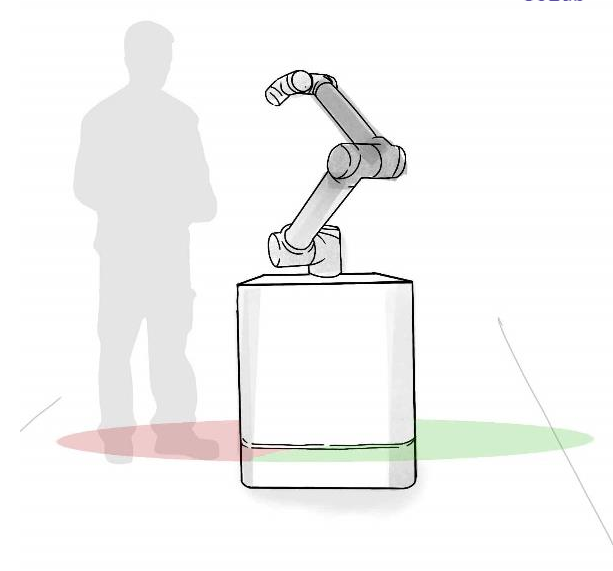
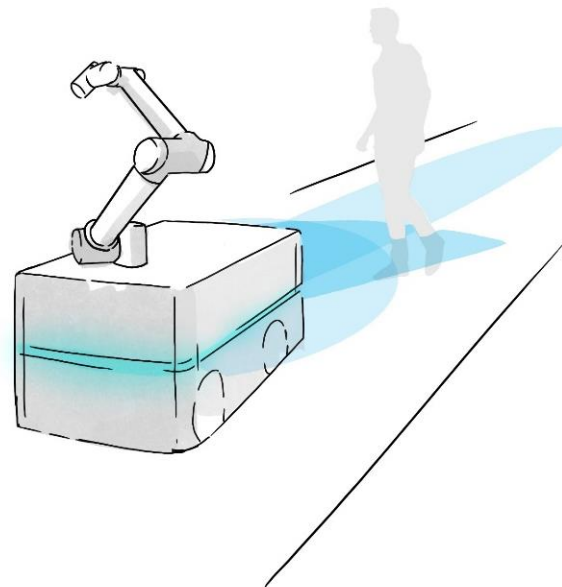
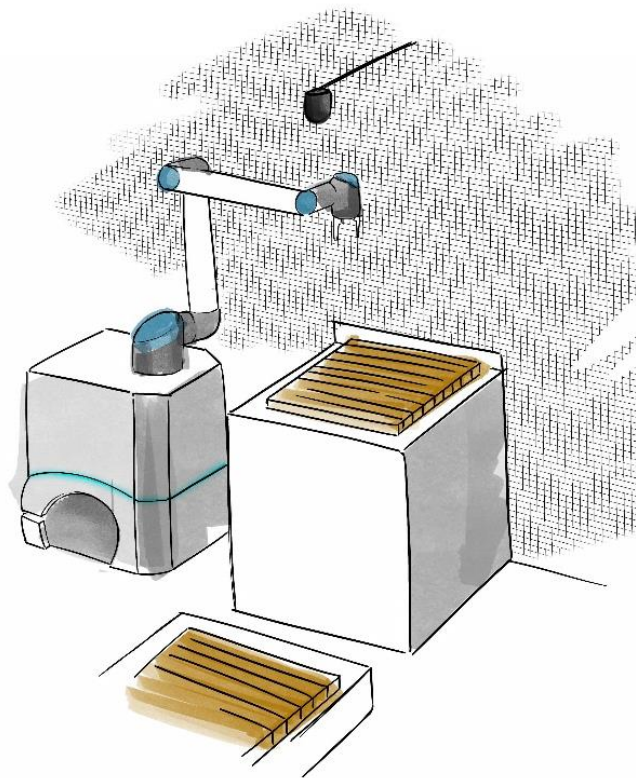
First Human-centred cobot station at IKEA Industry
Certified, turnkey, and replicable solution

Perception of **safety** even without safeguards
Less musculoskeletal **discomfort** and **easier tasks**

Cycle time of **42.9 seconds** ⌚ **7%** less time
Glue consumption of **566 cm³** per pallet 🧴 **29%** less glue

2.9 Weighted **RULA** 24% up to 39% improved ergonomic scores
25.3 **COSI** 🦾





Collaborative Robotics

Phase II

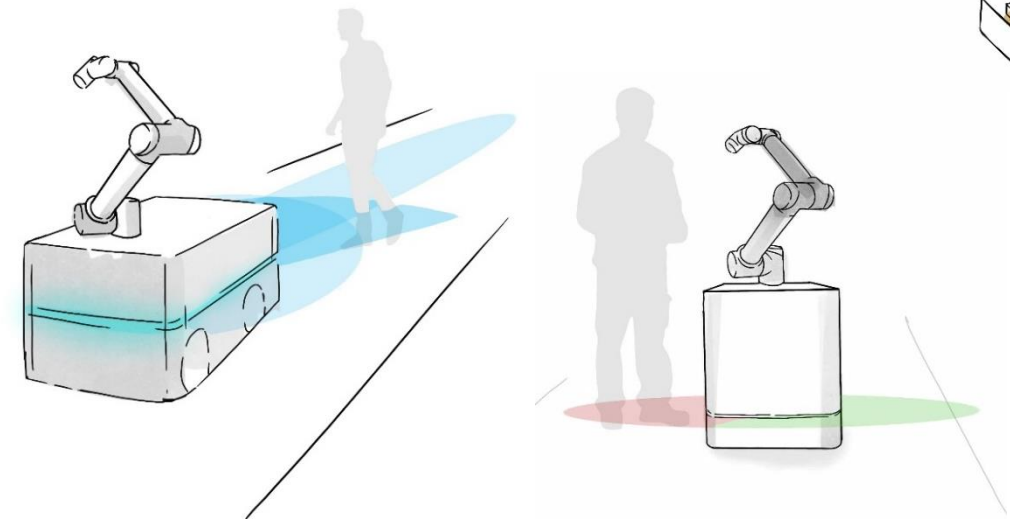
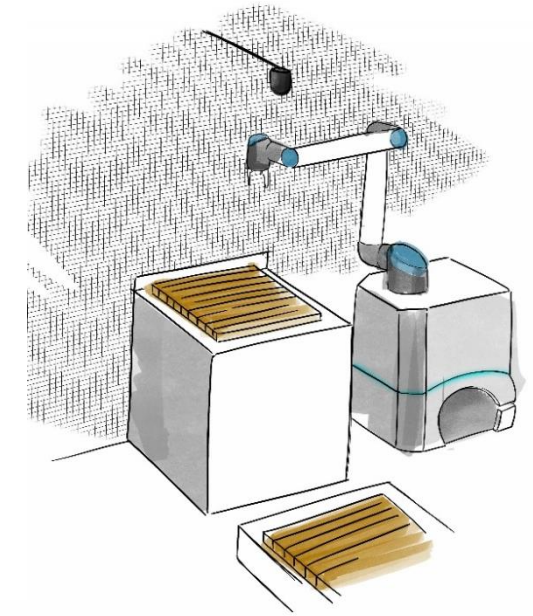
MasterForm Digital Transformation

Current Situation



What it can be

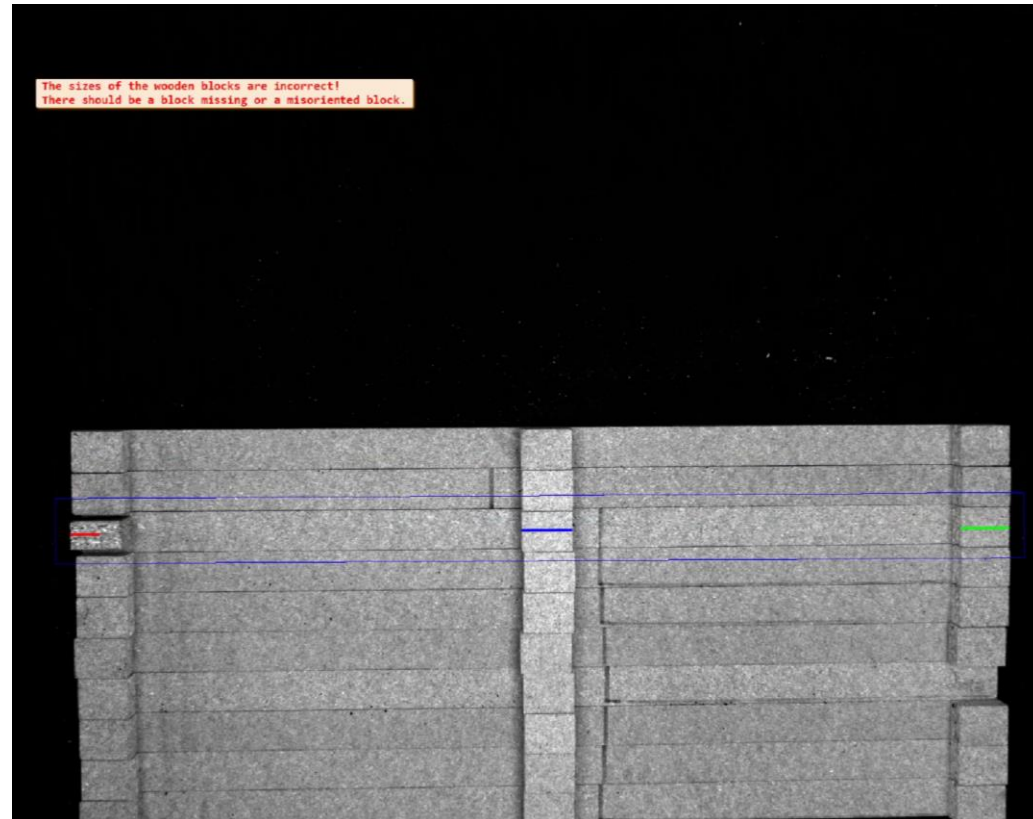
- Mitigation of musculoskeletal risk in manual picking and palletizing, integration of **lean** principles
- **Autonomous** and **Human-aware** navigation between workstations.
- Autonomous **pick-and-place** and quality control.
- **Monitor** surrounding area for intrusion of workers or machines
- Industry-ready, **safety-certified** and fully-integrated **AI-based Mobile Manipulator**.



Perception

- Detection of preform type, cadence, and position/orientation
- Quality control – missing blocks and incorrect fixation
- Autonomous collision-free navigation

HALCON
the power of machine vision



Manipulation

- Integration of UR10e with a collaborative gripper – URSim
- Obstacle avoidance motion planning for static and dynamic scenarios.
- Palletizing application



UNIVERSAL ROBOTS



ROBOTIQ

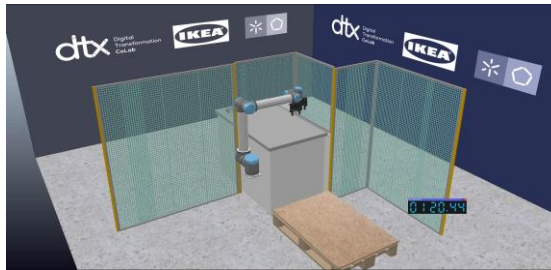


onrobot

► SD01 Preform 1



► TP01S



► SD01 Preform 2

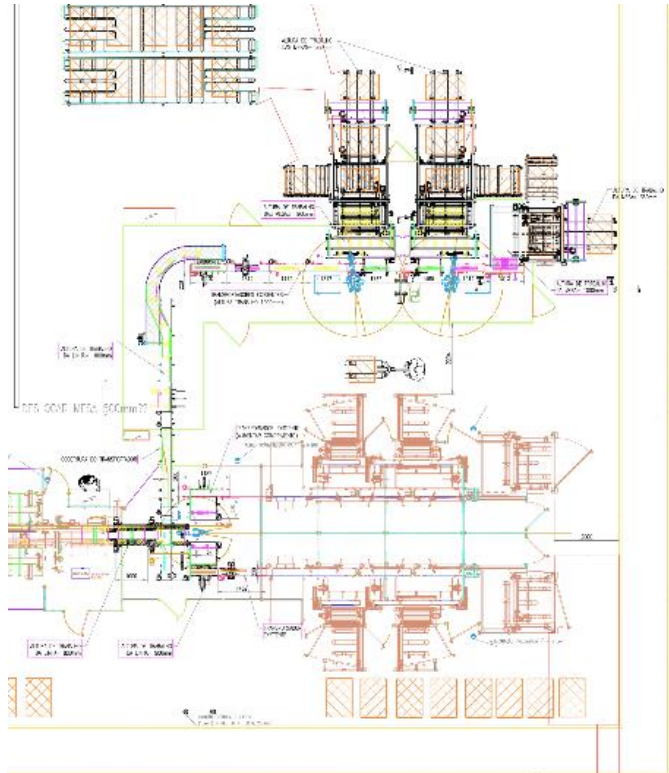


► TP02,3,4S

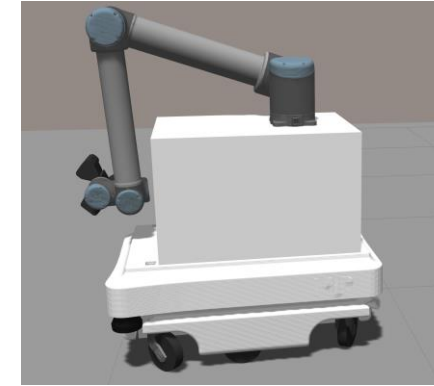


Navigation

- Mapping real environments in virtual worlds
- Integration of MiR 200 with UR10e
- Dynamic and static obstacle avoidance



Mobile Manipulator

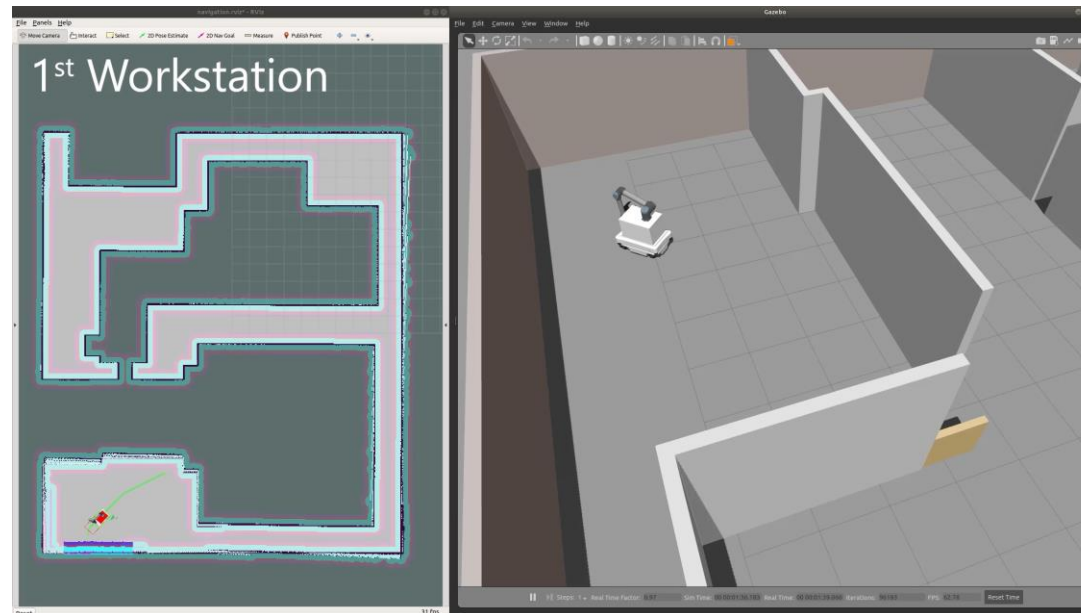


MiR
MOBILE INDUSTRIAL ROBOTS



ROS

Movel



Outputs

Scientific Publications

1. Faria, C., Vilaca, J.L., Monteiro, S., Erhagen, W., Bicho, E.: Automatic Denavit-Hartenberg Parameter Identification for Serial Manipulators. In: IECON 2019 - 45th Annual Conference of the IEEE Industrial Electronics Society. pp. 610–617. IEEE, Lisbon (2019).
2. Colim, A., Carneiro, P., Costa, N., Faria, C., Rocha, L., Sousa, N., Silva, M., Braga, A.C., Bicho, E., Monteiro, S., Arezes, P.: Human-Centered Approach for the Design of a Collaborative Robotics Workstation. In: Arezes, P., Santos Baptista, J., Barroso, M.P., Carneiro, P., Cordeiro, P., Costa, N., Melo, R.B., Sérgio Miguel, A., and Perestrelo, G. (eds.) Occupational and Environmental Safety and Health II. Studies in Systems, Decision and Control. pp. 379–387. Springer (2020).
3. Colim, A., Faria, C., Braga, A.C., Sousa, N., Rocha, L., Carneiro, P., Costa, N., Arezes, P. Towards an Ergonomic Assessment Framework for Industrial Assembly Workstations - A case study. Appl. Sci. 2020, 10, 3048;
4. Faria, C., Colim, A., Cunha, J., Oliveira, J., Costa, N., Carneiro, P., Monteiro, S., Bicho, E., Rocha, L.A., Arezes, P.: Safety Requirements for the Design of Collaborative Robotic Workstations in Europe – a review. In: Arezes P., Boring R. (eds) Advances in Safety Management and Human Performance. AHFE 2020. Advances in Intelligent Systems and Computing, vol 1204. Springer, Cham.
5. Colim, A., Morgado, R., Dinis-Carvalho J., Sousa N. Impact of collaborative robotics implementation in an assembly process: Case study in a furniture manufacturer, Proceedings of 2100 Projects Association Joint Conferences 8 (2020) X-X ISSN: 2183-3060 (Presented)
6. Colim, A., Morgado, R., Dinis Carvalho, J., Sousa, N. Impact of collaborative robotics in human factors and performance. (Submitted)
7. Colim, A., Morgado, R., Carneiro, P., Costa, N., Faria, C., Sousa, N., Rocha, L., Arezes, P. Lean manufacturing and ergonomics integration: defining productivity and wellbeing indicators in a Human-robot workstation. (Submitted)
8. Colim, A., Faria, C., Cunha, J., Oliveira, J., Sousa, N., Rocha, L. Safe design and development of an assembly workstation with collaborative robotics. (Submitted)
9. Cunha, J. G., Faria, C., Colim, A., Oliveira, J., Rocha, L. A., Silva, M., Monteiro, S., Bicho, E. From Handcrafting to a Certified and Ergonomic Collaborative Workstation: the Digital Transformation Process. IEEE International Conference On Intelligence And Safety For Robotics - IEEE ISR2021

Human-Centered Approach for the Design of a Collaborative Robotics Workstation

Ana Colim[✉], Paula Carneiro[✉], Nélson Costa[✉], Carlos Faria[✉], Luís Rocha[✉], Nuno Sousa, Márcio Silva, Ana Cristina Braga[✉], Estela Bicho[✉], Sérgio Monteiro[✉] and Pedro M. Arezes[✉]



Safety Requirements for the Design of Collaborative Robotic Workstations in Europe – A Review

Carlos Faria^{1,✉}, Ana Colim¹, João Cunha¹, João Oliveira¹, Nélson Costa², Paula Carneiro², Sérgio Monteiro², Estela Bicho², Luís A. Rocha¹, and Pedro Arezes²



Article

Towards an Ergonomic Assessment Framework for Industrial Assembly Workstations—A Case Study

Ana Colim^{1,✉}, Carlos Faria^{1,✉}, Ana Cristina Braga^{2,✉}, Nuno Sousa², Luís Rocha¹, Paula Carneiro^{2,✉}, Nélson Costa² and Pedro Arezes^{2,✉}



Article

Safe design and development of an assembly workstation with collaborative robotics

Ana Colim^{1,✉}, Carlos Faria¹, João Cunha¹, João Oliveira¹, Nuno Sousa² and Luís Rocha¹



Article

Lean Manufacturing and Ergonomics Integration: Defining Productivity and Wellbeing Indicators in a Human-Robot Workstation

Ana Colim^{1,✉}, Rita Morgado², Paula Carneiro^{2,✉}, Nélson Costa^{2,✉}, Carlos Faria¹, Nuno Sousa², Luís A. Rocha^{1,✉} and Pedro Arezes^{2,✉}



From Handcrafting to a Certified and Ergonomic Collaborative Workstation: the Digital Transformation Process[†]

João G. Cunha¹, Carlos Faria¹, Ana Colim¹, João Oliveira¹, Luís A. Rocha¹, Márcio Silva², Sérgio Monteiro², Estela Bicho²

Projects

FCT Fundação para a Ciência e a Tecnologia
MINISTÉRIO DA EDUCAÇÃO E CIÊNCIA



Título do projeto (em inglês)

Project title (in english)

I-CATER – Intelligent robotic Coworker Assistant for industrial Tasks with an Ergonomics Rationale

Completed M.Sc.



Universidade do Minho
Escola de Engenharia



João Gaspar Oliveira Cunha

A Collaborative Work-Cell to Improve Worker Ergonomics and Productivity



Universidade do Minho
Escola de Engenharia



Rita Martins Morgado

Impacto na produção de células de robótica colaborativa em postos de operação manual

Ongoing M.Sc.



Skeleton-based Action Recognition in Industrial Settings



Domain Randomization applied to Collaborative Robotics



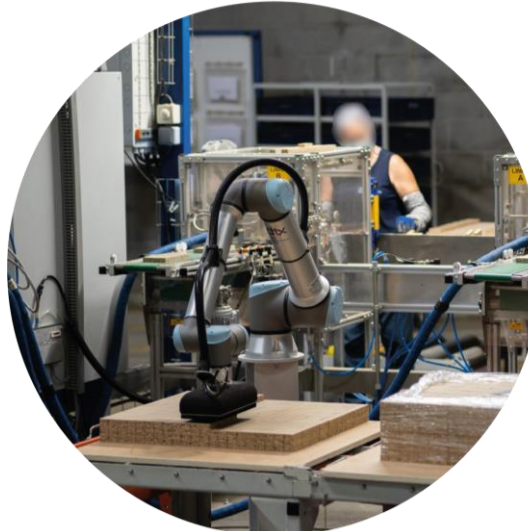
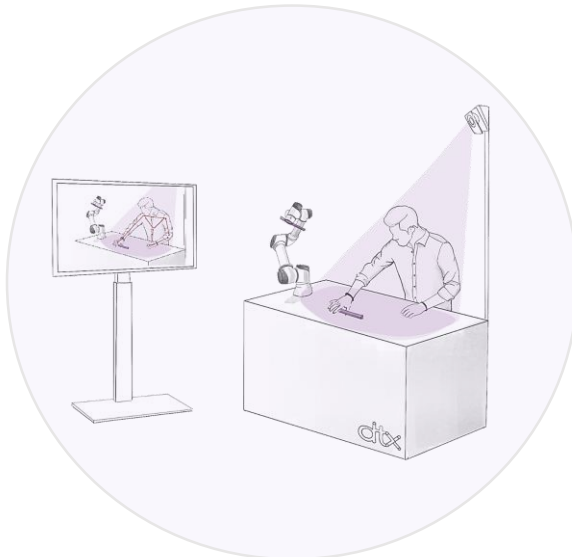
Prospective study for the implementation of collaborative robotics in the manual packaging section of a furniture company



Impact of the Implementation of a Collaborative Robot on Human Factors and Production Performance: A Case Study

Competences

1. Create certified **industry-ready** solutions in compliant with European Directives on Human-Machine Interfaces
2. **Human-centered** design of workstations balancing **productivity**, **ergonomics**, and **technical** requirements
3. **Fast-conceptualization** of collaborative workstations in **virtual** simulators
4. Application of research with **cutting-edge** technologies for real-world projects
5. Creation of **critical-knowledge** and **disruptive** concepts for DTx associates





Digital
Transformation
CoLab

A large, stylized graphic element consisting of several thick, light blue lines forming a large 'X' shape, with a vertical line and a horizontal line intersecting it. The lines have a slight gradient and are set against a dark blue background.

Experiencing
the Future

dtx-colab.pt